

YMCA Camp Manitou Backpacking Trip

Camper Packing List

Personal Gear

- Backpack (above 50 liters capacity) with hip belt (please inform us if you need one as we have a few available)
- 4 sets of undergarments
- 3 pairs of socks (at least 2 wool is ideal)
- 3-4 t-shirts
- 1 pair of shorts (athletic/quick dry)
- 1 swimsuit
- 1 pair of pants
- 1 long sleeve shirt (preferably synthetic)
- 1 sweatshirt (preferably fleece, wool or synthetic- NO COTTON)
- Raingear (jacket is a must, pants are optional)
- Hiking boots
- In-camp shoes (sandals work well, no flip flops)
- Sun hat
- Sunglasses
- Towel (for in-camp use)
- Flashlight/headlamp
- 2 Water bottles (preferably quart size)

Sleeping

- Mummy style sleeping bag
- Sleeping pad
- Camping pillow (optional)

*Email camp@eauclairemca.org if you need to borrow any of these items from camp

Toiletries

- Toothbrush
- Feminine hygiene products (if necessary)
- Lip balm
- Toothpaste
- Bugspray

Optional

- Camera
- Fishing gear
- Book

The above items are those required while on trail. It is suggested campers bring along a separate bag containing clothes, towels, and other items for in-camp use.