

YMCA Camp Manitou Canoe Trips

Camper Packing List

Personal Gear

- undergarments
- 2 pairs of socks (at least 1 wool is ideal)
- 2-3 t-shirts
- 2 pair of shorts (athletic/quick dry)
- 1 swimsuit
- 1 pair of pants
- 1 long sleeve shirt (preferably synthetic)
- 1 sweatshirt (preferably fleece, wool or synthetic- NO COTTON)
- Raingear (jacket is a must, pants are optional)
- Water shoes/sandals (cannot be flip flops, must strap to feet, old tennis shoes work)
- Camp shoes/boots (hiking boots or tennis shoes)
- Sun hat
- Sunglasses
- Towel (for in-camp use)
- Flashlight/headlamp
- Water bottle (preferably quart size)

Sleeping

- Mummy style sleeping bag preferred (please inform us if you need one as we have a few available)
- Sleeping pad
- Camping pillow (optional)

*Email camp@eauclaireymca.org if you need to borrow any of these items from camp

Toiletries

- Toothbrush
- Feminine hygiene products (if necessary)
- Lip balm
- Toothpaste
- Bugspray

Optional

- Camera
- Fishing gear
- Book

The above items are those required while on trail. It is suggested campers bring along a separate bag containing clothes, towels, and other items for in-camp use.